

RAMAKRISHNA MISSION SIKSHANAMANDIRA(An Autonomous Post-Graduate College under the University of Calcutta under section 22
of the UGC Act and duly recognized by the NCTE)**College with Potential for Excellence (CPE)****College of Teacher Education (CTE) & Swami Vivekananda Centre for
Multidisciplinary Research in Educational Studies (SVCRES)**

Phone No. – (033) 2654 – 1635/6081/9281

Email – rkmsmc@gmail.com, rkmsm@rediffmail.com

Website – www.rkmsm.org

Belur Math, Howrah – 711202, West Bengal.

OFFICE OF THE CONTROLLER OF EXAMINATIONS

No. CE-35/EXP/PGDYE/23-24

**Schedule for 1st Semester Examination of
Post Graduate Diploma in Yoga Education Programme 2023-2024**

Date		Course Code	Course Name	FM	Time
11/02/2024 (Sunday)	Theory	611	Foundations of Yoga	100	12 Noon – 3 PM
18/02/2024 (Sunday)	Theory	612	Anatomy and Physiology of Yogic Practices	100	12 Noon – 3 PM
25/02/2024 (Sunday)	Theory	613	Patanjali Yoga sutra	50	11.30 AM – 1.30 PM
	Theory	614	Methods of Teaching Yoga	50	2 PM – 4 PM
03/03/2024 (Sunday)	Practicum-I	615	Asanas, Pranayamas, Bandhas and their techniques	100	11 AM onwards

27.01.2024

Sw. Urjitananda
(Swami Urjitananda) 27/01/24

Controller of Examinations

Swami Urjitananda

Controller of Examinations

- Ramakrishna Mission Sikshanamandira
Belur Math, Howrah-711202, W.B.

Copy to

1. Rev. Principal Maharaj	6. College Notice Board
2. College Office	7. Hostel Superintendent
3. Exam. Centre In-Charge	8. Hostel Notice Board
4. Course Coordinator/Convenor	9. Website
5. Faculty Notice Board	10. Scrap/Guard File